

Group Class *Weekly schedule*

JUNE 2026

Main Studio

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:00am				Baby Sensory Classes Coming - Term 3		Zumba
9:45am			Mum's and Bubs			
10:45am			Mat Pilates			
6:00pm		Low Impact Zumba				
7:00pm	Zumba			Zumba		

- At times program bookings will interrupt regular scheduling we will do our best to notify ahead of time when there are interruptions.
- Class times subject to change